Attention Provider Types 14 and 82:

Providers Must Inform Recipients of the Time-Limited Nature of Rehabilitative Mental Health and Basic Skills Training Services

Providers are reminded that by therapeutic design, Rehabilitative Mental Health (RMH) services are planned and coordinated services designed to complement more intensive mental health therapies and interventions, such as individual, group and family therapy. Refer to Medicaid Services Manual (MSM) Chapter 400 Section 403.6B.4. The RMH services are time-limited services designed to be provided over the briefest and most effective period possible and as such it is recommended that providers inform their clients and potential clients of the time-limited nature of the service(s). This is particularly pertinent given the change in State policy as it relates to Basic Skills Training (BST). Effective January 10, 2014, review for medical necessity of BST services was initiated. The provider should be informing Nevada Medicaid recipients and their families of the time-limited nature of these services and the aforementioned expectations during the ongoing care planning process. Refer to MSM Chapter 400 Section 403.6B.1 (a-f).

In addition, when a recipient has been receiving BST services for six consecutive months, the provider must validate that continued services are reasonable and necessary and ensure that they are demonstrating compliance with this. Refer to MSM Chapter 400 Section 403.6C.3. This documentation would be reflected in the medical record for the recipient as well as on the request for review for prior authorization (PAR).