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National Influenza Vaccination Week 2022

The Centers for Disease Control and Prevention (CDC) National Influenza Vaccination Week 2022 will be observed December 5-9, 2022. The CDC hosts this awareness week annually as a reminder that there is still time to get a flu vaccine for everyone 6 months and older.

In honor of the National Influenza Vaccination Week 2022, Nevada Medicaid asks providers to share the attached flyers with their Nevada Medicaid recipients to encourage everyone to get their flu vaccination.

- Get the Flu Facts!
- Flu in Adults Age 65 Years or Older
- Get Your Child Vaccinated Against the Flu (English and Spanish)
- Get a Flu Shot Today



Get the Flu Facts!

- Flu vaccine prevents millions of illnesses, hundreds of thousands of hospitalizations, and thousands of deaths each year
- Flu vaccines reduce the severity of the flu in those vaccinated
- Immune systems weaken with age, however specifically-designed vaccines help protect older adults against the flu by creating a stronger immune response
- Receiving a flu vaccine lowers your risk of flu-related illness, that can lead to hospitalization, the ICU or even death
- 50-50% of flu related hospitalizations are in those 65+
- Up to 85% of flu related deaths are in in those
- Getting the flu as a 65+ adult can increase the risk of heart attack and stroke, even weeks after recovery
- The decline in general health and abilities experienced after flu infection may be permanent
- Annual flu vaccination is essential to protect adults 65+ against the flu

Visit vaccines.gov for a location near you





Sources: Nevada Division of Public and Behavioral Health,
NFID Flu & CDC Influenza Key Facts

Flu in Adults Age 65 Years or Older What Are the Risks?

Adults 65+ are at increased risk of flu-related complications

Pneumococcal Pneumonia

kills more than

18,000 older adults in the US each year

Heart Attack risk is increased by

3 to 5x

in the first 2 weeks of infection

Stroke risk is increased by

2 to 3x
in the first 2 weeks
of infection



High rates of related deaths and hospitalizations in adults 65+

57% of all flu-related hospitalizations

based on the 2018-2019 flu season

6X more deaths from flu and related complications

compared to all other age groups combined

Annual vaccination is the best way to protect yourself against the flu

Vaccines are safe and effective and reduce the risk of flu and related complications





Immune systems decline as adults age. Certain vaccines are available to help boost immune response, specifically in adults 65+



High-dose vaccines contain 4x more antigen

compared to standard-dose vaccines



Adjuvanted flu vaccines contain an ingredient that helps create a stronger immune response

If a specific flu vaccine is not available in your area, don't delay! Vaccination with any available influenza vaccine is recommended and will still provide protection - your health care provide can help you make a decision

Source: nfid.org/flu

For additional information on flu vaccines, visit the <u>Influenza page</u> on Nevada State Immunization Program site

Visit <u>vaccines.gov</u> for a location near you to get vaccinated



Get Your Child Vaccinated Against the Flu



Healthy children and people infected with the flu can also spread the virus to the most vulnerable populations; children under 5 and adults 65+

Flu is a respiratory illness caused by influenza viruses affecting the

lungs, throat and nose

The best protection against serious illness caused by the flu is by getting them vaccinated uearlu



Annual flu vaccination offers the best protection against the flu and its potentially serious complications in children, such as being hospitalized or dying from this virus

It is important to note that a cold and the flu have different symptoms

Cold Symptoms

- Low or no fever
- Sometimes a headache
- Stuffy, runny nose
- Sneezing
- Mild, hacking cough
- Mild body aches
- Mild tiredness
- Sore throat

Flu Symptoms

- High fever
- · Headache in most cases
- Clear nose, or stuffy nose in some cases
- Cough, often turning severe
- Severe body aches
- Extreme tiredness that can last weeks
- Vomitting
- Diarrhea
- Sore throat in some cases



Nevada Department of Health and Human Services DIVISION OF PUBLIC AND BEHAVIORAL HEALTH

Source: https://www.cdc.gov/flu/highrisk/parents.htm?gclid=EAIaIQobChMI7PGjjPK1wIVom1vBB0COAi2EAAYASAAEgLKPfD_BwE&gclsrc=aw.ds_



Vacune a su niño contra la influenza



Los niños sanos y las personas infectadas con la influenza también pueden transmitir el virus a la población más vulnerable, niños menores de 5 años y adultos mayores de 65 años

La influenza es una enfermedad respiratoria causada por el virus de la influenza que afecta los pulmones,

la garganta y la nariz

La mejor manera de proteger a nuestros niños de esta grave enfermedad es con

una vacuna anual



La vacunación anual contra la influenza ofrece la mejor protección contra ésta y sus complicaciones potencialmente graves en los niños, como ser hospitalizados o morir a causa de este virus

Es importante observar que un resfriado y la influenza tienen diferentes síntomas

Sintomas del resfriado común

- Fiebre baja o nula
- Dolor de cabeza- solo algunos casos
- Congestión nasal y moqueo
- Estornudos
- Tos leve y persistente
- Dolores corporales leves
- Cansancio leve
- Dolor de garganta

Síntomas de la Influenza

- Fiebre alta
- Dolor de cabeza en la mayoría de los casos
- Nariz destapada o congestionada en algunos casos
- Tos, que a menudo se vuelve severa
- Dolores corporales severos
- Cansancio extremo prolongado
- Vómito
- Diarrea
- Dolor de garganta- solo en algunos casos



Encuentra el centro de vacunacion mas cercano en vaccines.gov

Referencia: https://www.cdc.gov/flu/highrisk/parents.htm?gclid=EAIaIQobChMI7PGjjPK1wIVom1vBBOCOAi2EAAYASAAEgLKPfD_BwE&gclsrc=aw.ds



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